



Coastside Hope

Neighbors Helping Neighbors

Coastside Hope Food Pantry

Office and food pantry address: 248 Main Street, Half Moon Bay, CA 94019

Please drop off during office hours: Monday – Friday 8:30 - 5, Wednesday 1-5pm **Closed for lunch daily 12-1**

***Please no canned beans**

- Cereal
- Spaghetti Sauce
- Spaghetti Noodles
- Canned tomato sauce
- Cup of noodles / Maruchan Instant lunch
- Hearty canned soups (i.e. Progresso)
- Mayonnaise – small jar
- Ketchup
- Salad Dressing (i.e. Ranch, Italian)
- Canned Peas
- Canned Garbanzo beans
- Jalapeños – small cans
- Tapatio Sauce – small bottle
- Cooking oil – corn oil, vegetable oil, canola oil
- Mixed Canned Vegetables
- Canned Fruit
- Macaroni & Cheese
- Macaroni shells
- Peanut butter
- Jam/ Jelly
- Bagged/ dry Pinto beans - *2lb bag or less
- White Rice (no brown rice)
- Kid snacks- i.e. fruit snacks, juice boxes, small bagged crackers
- Granola Bars
- Tortillas – flour and corn
- Flour

Non- Food

- Feminine hygiene - pads
- **Diapers**- Size 4,5,6,
- Baby Wipes
- **First Aid Kits** or supplies- Bandages, antibiotic ointment, cold compress, sterile gauze pads, etc.
- **Hygiene Kits**- toothbrush, toothpaste, dental floss, shampoo, conditioner, comb, deodorant
- black warm socks, Dark color beanie hat for winter